



618

LIBERATION

guide



HELLO!

Welcome!

How wonderful that you are here. You have decided to give your life freedom. I congratulate you on that! LIBERATION is your dive into your inner freedom. It leads you to yourself, where unlimited space is available to you. Constraints and tension dissolve here.

Let's dive in, warmly

Marianne



FIND A QUIET PLACE



SIT DOWN COMFORTABLY



FEEL THE SEAT AND FLOOR



BE AWARE OF YOUR BODY



EXHALE LONGER THAN INHALE



FIND YOUR INNER CENTRE

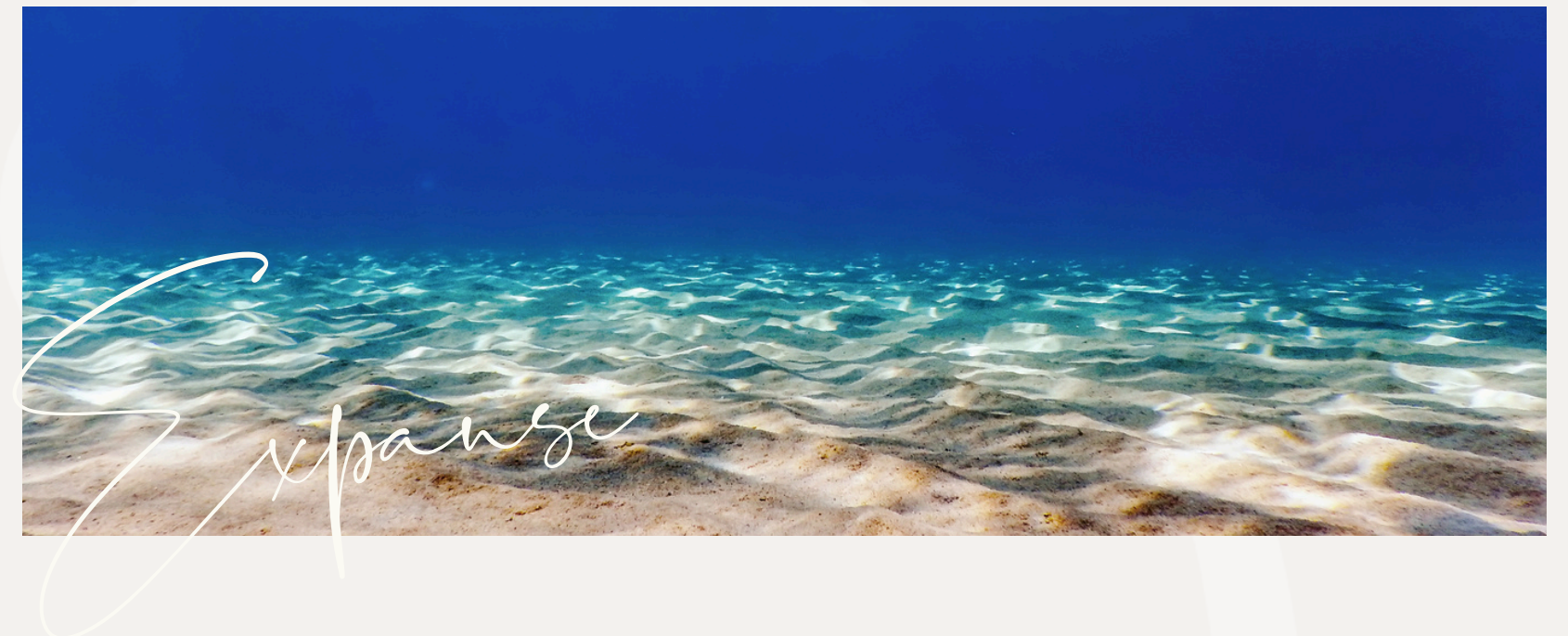


DIVE IN

LISTEN TO THE AUDIO AT YOUR LEISURE.

Let yourself be guided on your inner journey by the audio recording. You will be guided through it. Everything is fine. You are safe, secure, and supported.

Always feel the floor beneath you, your feet resting on it. Keep your back against the back of the chair at all times. Follow the audio guide and do not fall asleep.



CONTACT WITH YOURSELF

On this journey, you will finally come into contact with what is essential within you: your self. The essence within you that guides you through your daily life.

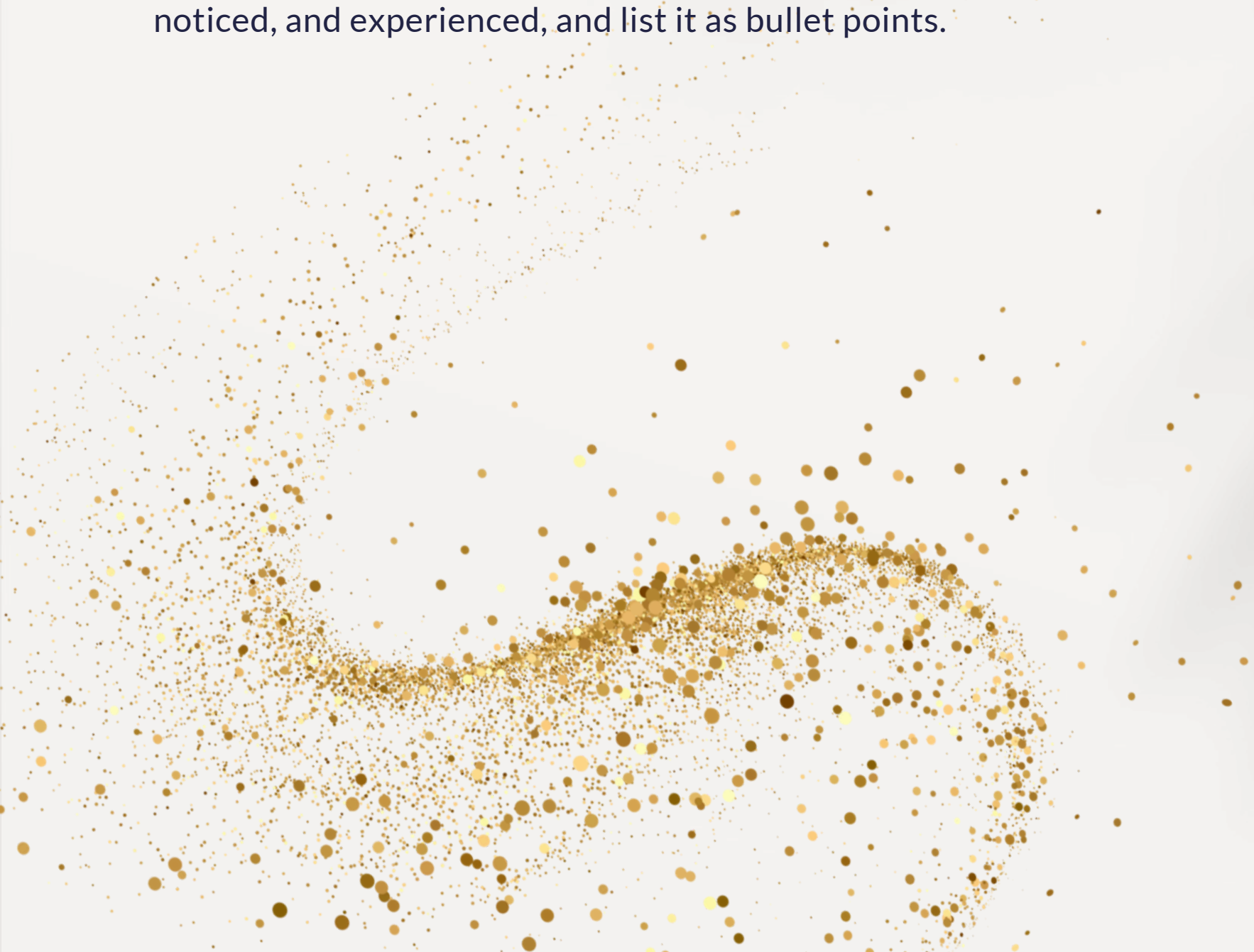
Explore the messages, images, and experiences it shows you on this journey. Let go of all desires and resistance and experience what is.



YOUR EXPERIENCES

After listening to the audio, certain events will stick in your mind more clearly than others. Take these experiences and write them down here.

Don't evaluate, analyze, or justify anything. Stick to what you saw, felt, noticed, and experienced, and list it as bullet points.



CORE EVENTS



MY DIVE INTO LIBERATION

Write down your entire journey here, with all the details. Especially the moments that touched you deeply. Write down everything you want to remember, everything that seemed relevant to you, surprised you, or frightened you. Write down your physical reactions, possible memories, and accompanying emotions in relation to the images. Looking back, what strikes you about your overall state of mind?

WHAT CAUGHT MY ATTENTION?

WHAT WAS IMPORTANT?

Feel inside



MY DIVE INTO LIBERATION

Write down everything you experienced on your trip into LIBERATION.

Explore



NEXT STEP

What becomes possible when you know what inner freedom feels like?

You've felt it. Now it's about bringing this state into your life – permanently. As a natural way of being, deciding and acting. My spaces work best for people who are certain. Who are ready to free themselves from everyday constriction and external control – for good.

If that's you – choose your next step:



I want to be able to lead myself into freedom, more expansion, more movement and to shape my everyday life on my own terms – on every level. **AWAKEN TO BEING** is your next space. [Click here for Awaken to Being.](#)



I am certain: I want my free, sovereign path – and I want to walk it now. **Apply for the 1-on-1 Pathfinder Call for possible participation in the 618 Royal Path. [To my pathfinder call.](#)**

Enter the 618 Crown Path



You've set off!

THE FOUNDATION FOR YOUR OWN PATH HAS BEEN LAID.
NOW MOVE ON TO THE NEXT LEVEL.

AHOY@MISSIONBEVOLUTION.COM
WWW.MISSIONBEVOLUTION.COM